

## RBL Support, LLC Placenta Services Contract

### **Placenta Encapsulation Description**

Placenta encapsulation is the process of preparing the birthing person's placenta after the birth of the baby by dehydrating, powdering and placing it into capsules for the birthing person to use as they see fit.

### **Placenta Art Description**

Placenta prints are made by taking the placenta and umbilical cord and pressing them to watercolor paper and either leaving it and sealing it, or by using food safe dyes and paints and going over the print and then sealing the art. The result is a unique work of art that looks something like a tree, which makes sense as the placenta is sometimes referred to as the "Tree of Life".

### **Umbilical Cord Keepsake Description**

The umbilical cord can be shaped into a heart, swirl, or letters, and then dehydrated, and kept as a keepsake of your choosing.

### **Limitations and Disclaimer**

I am not a licensed medical professional and I am not able to diagnose, treat, or prescribe for any health condition.. No specific benefits or effects are promised. Any benefits will vary from person to person. It is your responsibility to determine whether placenta encapsulation may be of benefit to you. Just like there are benefits, there can be risks as well. Some of the benefits that have been claimed are that it can help with energy and healing after birth, milk production, reduces risk of PPD/PPA, and reduces bleeding. Some of the risks that have been reported are anxiety, nausea, too much energy, and mold or bacteria exposure if not done correctly or exposed to moisture.

### **Client Responsibility**

It is your responsibility to notify me after birth or immediately before to plan for pick up and drop off. Failure to do so may result in delayed placenta preparation and encapsulation, and may cause spoilage of the placenta which would render it unusable for encapsulation. It is your responsibility to discuss the release of your placenta from the hospital where you give birth (or backup hospital for home births). Your placenta should not be treated with alcohol, formalin, or any other preservative. Your placenta should be put into a clean and sterile, leak proof container immediately after cord cutting and stored in a cooler/bag on ice or in the refrigerator. Please do not place the placenta directly on the ice. Some examples for storage: a couple of large freezer-strength Ziploc bags, a large plastic Tupperware container, or glass casserole dish with a lid.. Most hospitals will provide a container or bag, but make sure you have a backup container

just in case. If it is going to be more than 3 or 4 days before the placenta can be prepared, it should be frozen. A frozen placenta will take somewhat longer to prepare since I prefer to gently defrost it prior to preparation. I will not encapsulate a placenta if you have tested positive or are suspected of having a uterine or placental infection, or if your placenta has been sent to pathology in hospital for any reason because it may have been contaminated while in the pathology department. Please note that you can still use your placenta if you have a cesarean birth if your placenta has not been sent to pathology. Please let me know below if you have any health conditions which may affect the health of your placenta or the health and safety of anyone who may encounter your placenta.

**Encapsulation Methods** There are two methods of which a placenta can be prepared, however I only use one method- the Traditional Chinese Method.

**Traditional Chinese Method** Placenta is drained of blood and then steamed. Herbs may be added to the water if you choose for me to do so. Once steamed, the placenta is thinly sliced, dehydrated and ground for encapsulation. Herbs can also be added to your pills, or in separate pills. If you would like a list of herbs, just let me know!

### **Packages and Fees**

**Copper Package** Cord Keepsake only \$10

**Silver Package** Two-four placenta prints, fetal and maternal sides and cord keepsake \$70  
I seal and frame the prints. I can use just blood from the placenta, food coloring, powdered herbs, or paint.

**Gold Package** Placenta Encapsulation only \$150

**Platinum Package** Placenta Encapsulation, 2 prints, and a Cord Keepsake \$200

#### **Add Ons:**

Resin keepsake with your choice of cord, placenta powder, ultrasound picture, hair, etc \$10-\$45

Placenta Salve \$15 for 4oz

Placenta Tincture \$20

Add a \$50 extra charge for multiple placentas. I request a 50% retainer fee upon signing this contract for Copper and Silver Packages, and a \$50 retainer fee for Gold and Platinum Packages. The balance is due at pick up. Payments may be made by cash, Square, Cashapp, Facebook Pay, Venmo, or PayPal.

**Photo Release.**

As my practice continues to grow, I would like to take pictures for my website, Facebook page, and for flyers, brochures, and handouts. If you are or are not okay with having pictures of your placenta, artwork, or cord taken and used for these purposes, please mark your choice below.

Yes, Revitalizing Birth and Lactation Support may take/use pictures of my keepsakes for educational purposes

No, Revitalizing Birth and Lactation Support may not take/use pictures of my keepsakes for educational purposes.

**Refunds**

In the event your placenta is unavailable to you (e.g. sent to Pathology and not released) or if you change your mind and choose to terminate this contract prior to releasing your placenta to me, any fees paid excluding the retainer will be refunded in full. If you choose to terminate this contract after releasing your placenta to me, I will return your placenta to you for disposal and refund you all fees paid excluding the retainer fee.

I have read and understand the terms of this agreement.

Client's signature \_\_\_\_\_

Thank you for entrusting me with your precious placenta! I will pick up your placenta at an agreed upon time and have your pills completed within 72 hours. I will contact you once your pills are completed to arrange a time for drop off. Please remember that I am also a birth doula. If I am called to a birth or have another client's placenta preceding yours, there may be a delay of 24 hours or more in preparing your placenta. I will contact you if this is the case.