

## Local Resource List

### **Ringgold**

#### **OB/GYN Offices and Midwives:**

- *Associates in Women's Health*  
4700 Battlefield Pkwy #220 Ringgold, GA 30736  
7068614508
- *Embracing Birth and Parenting (Midwife)*  
212 Cleo Cir Ringgold, GA 30736  
7064913438
- *Journey Midwifery Services*  
1274 Headrick Rd Ringgold, GA 30736  
4233097649

#### **Pediatricians:**

- *Ringgold Pediatric Clinic*  
7494 Battlefield pkwy Ringgold, GA 30736  
7069355437
- *Promise Pediatrics*  
375 Boynton Dr Ringgold, GA 30736  
7069373331

#### **IBCLC's, CLC's, WIC Peer Counselors, other BF Support:**

- *La Leche League*  
1<sup>st</sup> Thursday of the month @ 10:30  
Catoosa County Library  
108 Catoosa Cir Ringgold, GA

### **Chattanooga, TN**

#### **Hospitals/Birth Centers**

- *Erlanger East and Baroness*  
Chattanooga, TN
- *Parkridge East Hospital*

*Chattanooga, TN*

- *Birth Wellness & Women's Center*  
*Chattanooga, TN*

**OB/GYN Offices and Midwives:**

- *Women's Institute for Specialized Health*  
*1751 Gunbarrel Rd #200 Chattanooga, TN 37421*  
*4238941355*
- *Erlanger Women's Health Specialists*  
*979 E 3<sup>rd</sup> St #7c Chattanooga, TN 37403*  
*4237782580*
- *Innovative Women's Health Specialists*  
*2158 Northgate Park #300 Chattanooga, TN 37415*  
*4237719680*
- *Chattanooga Center for Women*  
*7490 Ziegler Rd Chattanooga, TN 374221*  
*4236486020*
- *Birth Wellness Women's Center*  
*606 Belvoir Ave Chattanooga, TN 37412*  
*4234434335*

**Pediatricians:**

- *Chattanooga Pediatrics*  
*3328 Jenkins Rd #200 Chattanooga, TN 37421*  
*4238254040*
- *Spring Creek Pediatric*  
*929 Spring Creek Rd #206 Chattanooga, TN 37421*  
*4238923400*
- *Allied Pediatrics*  
*7405 Shallowford Rd Ste 270 Chattanooga, TN 37421*  
*4236029545*
- *Pediatric Diagnostic Associates*

281 North Lyerly St Chattanooga, TN 37421  
4236982229

**IBCLC's, CLC's, WIC Peer Counselors, other BF Support:**

- *Glenda Parks*  
4237786247
- *Christine Sneed*  
4233391400
- *Erlanger*
  - ★ *Support Group 3<sup>rd</sup> Tuesday of every month @ 10 am Erlanger East*  
4237785465
  - ★ *Breastfeeding Clinic*  
*Kennedy Outpatient Center Monday, Tuesday, Wednesday, and Friday*  
9:30-3  
*Erlanger East, Building C Thursdays*  
9:30-3  
4237784181
  - *Prenatal Class*  
4237785465
- *La Leche League of Chattanooga*  
*2<sup>nd</sup> Tuesday of the month @ 10am/ 4<sup>th</sup> Tuesday of every month @ 6:30 St. John's United Methodist Church*  
*3921 Murray Hills Dr Chattanooga, TN 37416 Room 145*  
*Leaders: Debbie 4238750421, Amanda 2485152405. Tina 5183216338*

**Other Providers such as Chiropractors, Massage Therapists, etc.**

**Chiropractors**

- *Pinnacle Physical Medicine and Rehab*  
2605 Jenkins Rd #2 Chattanooga, TN  
4238555053
- *Inspire Chiropractic*  
400 E Main St #140B Chattanooga, TN 37408

4238347125

**Acupuncture**

- *Four Seasons Wellness & Acupuncture*  
6237 Vance Rd #4 Chattanooga, TN  
4238835462
- *Hill City Acupuncture & Herbs*  
50 Frazier Ave Chattanooga, TN  
7736994595
- *The Wellness Tree*  
2805 Dayton Blvd Chattanooga, TN  
4238773770

**Local Food/Parent Resources/Social Support**

**Ringgold/Chattanooga, TN**

- *Christ's Chapel Share & Care*
- *Chattanooga Area Food Bank*
- *Hocaba Food Pantry*
- *Choices*
- *First Things First*
- *Chattanooga Rescue Mission*
- *MacLellan Shelter for Families*